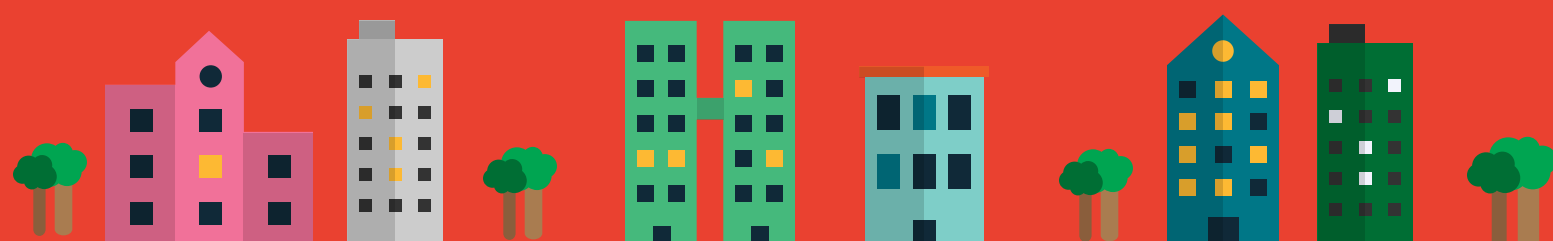
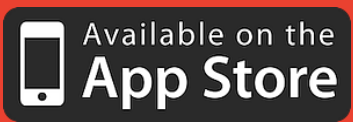


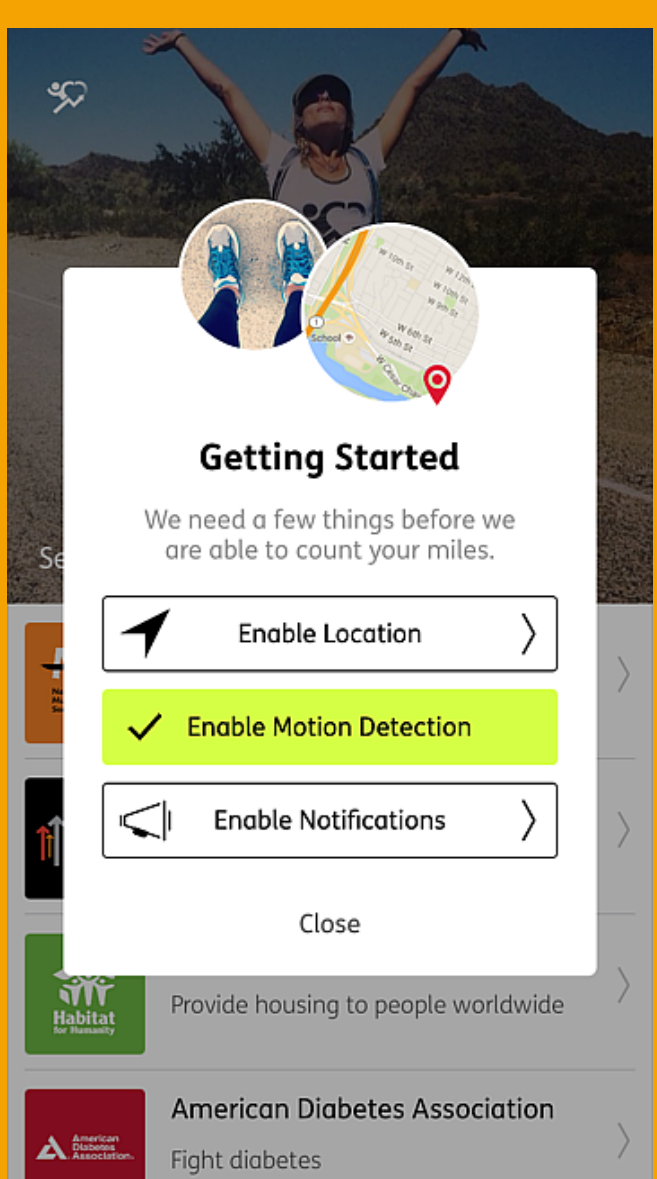
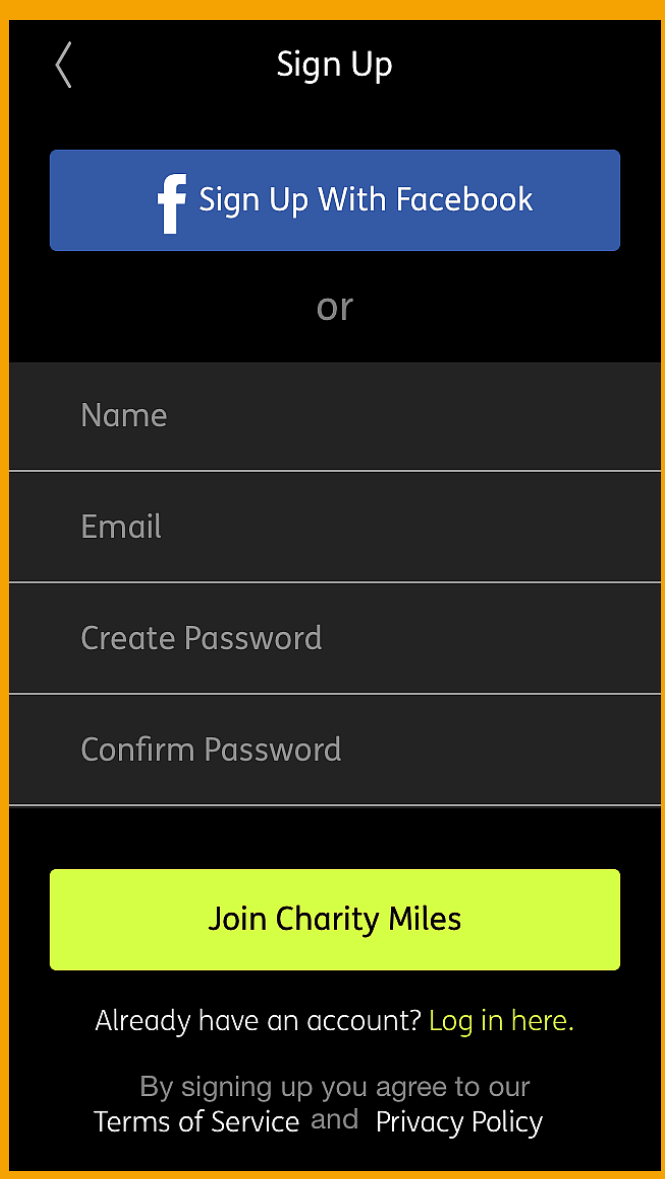
# CHARITY MILES AND THE ALS ASSOCIATION



#1 FIND AND DOWNLOAD THE CHARITY MILES APP ON YOUR SMART PHONE, SCAN QR CODE FOR QUICK ACCESS

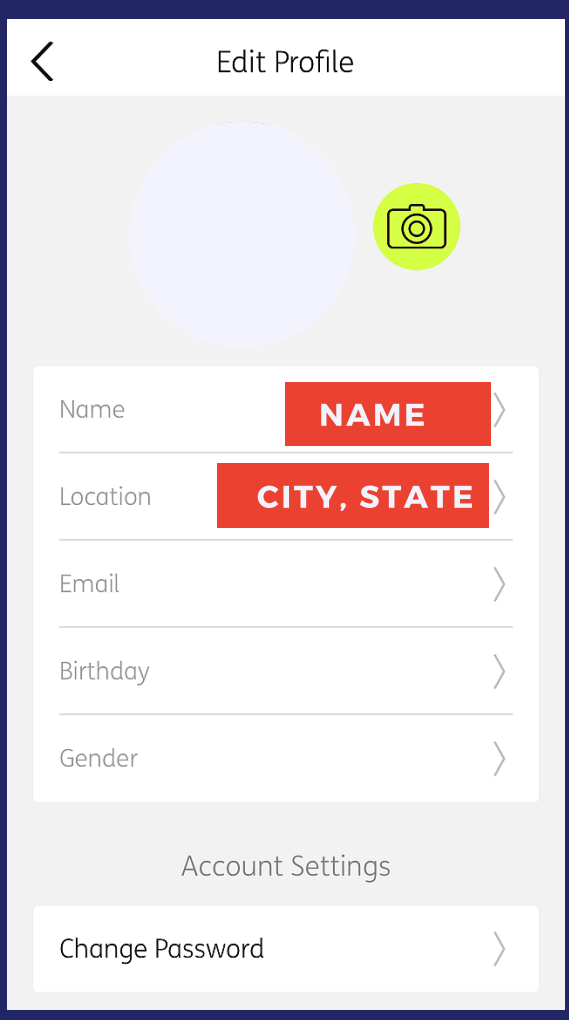


#2 REGISTER ON APP WITH EMAIL OR FACEBOOK



#3 ENABLE LOCATION SERVICES AND NOTIFICATIONS

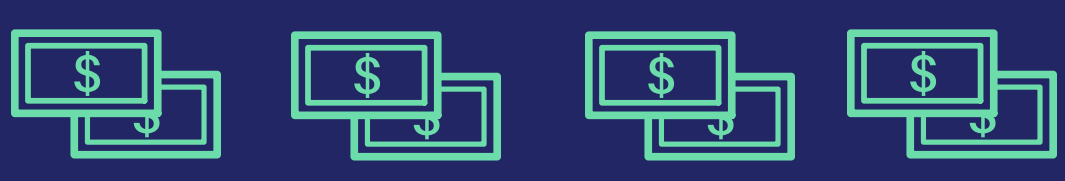
#4 SELECT THE ALS ASSOCIATION AS YOUR CHARITY OF CHOICE



#5 EDIT PROFILE LOCATION WITH CITY, STATE OF YOUR CHOICE

CITY AND STATE SELECTION WILL DICTATE WHICH LOCAL CHAPTER WILL RECEIVE YOUR FUNDS. FOR EXAMPLE, IF YOU SELECT DENVER, COLORADO AS YOUR PROFILE LOCATION, THE ROCKY MOUNTAIN CHAPTER WILL BENEFIT FROM ANY WALK, RUN OR BIKING MILEAGE YOU COMPLETE IN ANY LOCATION IN THE COUNTRY.

#6 GET MOVING! EVERY MILE ADDS UP!



WWW.EVERYDROPPADDSUP.ORG